

Incredible Toolkits for Happiness Agents

What is the Happython?



The Happython is a multidimensional artistic project, an ethical, esthetical concept designed to enlighten happy shared moments, and help us keep in mind that we have the **choice of how we look at things** in our own world of images and feelings and in the world around us.

This Happython project first started in 1998 with this simple question : « **What makes, or has made, you happy ?** ». Answers from many people started being exhibited printed on sheets of papers and pinned on strings and clothes-horses called « Happy-Hang ». These exhibitions took place in public places, art galleries, etc. and over the internet. Thus first started the idea of a **World Record for Happy Moments** : the Happython was born and **Happiness Virus** started propagating ! Dozens of thousands of people, aged from 2 to 109, coming from all over the world have already testified of their happy moments !

So this is an interactive experience aiming at having us put our Attention Capital on the true values we want to live, creating an elegant way of moving from abstraction to concrete, from ideal to reality, through an esthetical communication in order to favour projects, ethical partnerships, nourished by a commune vision.

What is a Happiness Agent?

A Happiness Agent is someone who got registered on Happython's website www.happython.com and who started propagating the happy question, interviewing his friends and relatives, asking : « **What makes, or has made, you happy ?** » !

Get registered and granted credits for **your Attention Capital** with 1 100 Points Of Presence (POPs) and you can take your POPs to invest in the cities and villages of your choice to spread **the virus of happiness around the world**. When the city (or village) selected reaches 10%, it will be contaminated by the virus Happiness!

Each time you enter a happy testimony in your Happiness Agent account, you are granted 10 (or 20) POPs. If the person you interviewed gave you his/her email address, you are granted 10 POPs more and the value of the testimony doubles as regards the **Top Agent**.

What are the rules to follow when making a happy testimony?



Justine 7 ans Mons en Baroeul



Marthe 70 ans Mons en Baroeul

As a self-Happiness Agent, when answering the happy question, you can either write spontaneously what comes to your mind as regards what makes or has made you happy, or you can write non-spontaneously about the same things... the advantage of the first method being that it is more spontaneous ! :)

▶ **Avoid rude words and advertising** (brand names, phone numbers, etc.). Also avoid **proper names** (private people, political parties), **artificial paradises journeys** (drugs, alcohol... please don't mention them) avoid porn too, and please no **"happy revenge"**, like for example "I am happy because he broke his leg !"

▶ The question to which you are invited to answer in this dynamic is "What **makes, or has made** you happy ? ". It is not "what *will or would* make you happy " !

▶ The question to which you are invited to answer in this dynamic is not : "What *do you like* ?", it is : "What **makes, or has made, you happy** ?"

▶ When you enter somebody else's happy testimony, **remember to use « I »**, happy testimonies are always at first person. The person you interviewed answered "I am happy when I go fishing" write it down as it is, please do not transform it into "John is happy when he goes fishing".

▶ This is **free** no money shall be paid for the Happython question, this is a **completely free** action... but not necessarily free from benefits ! Watch out ! Happiness may gain you !

▶ If many things make you happy, you can post **several happy testimonies** no problem ! .

▶ Please avoid **CAPITAL LETTERS** in your happy testimony, as well as Internet specific signs (:-) ; lol,...) Remember, these are works of arts designed to be exhibited in the real world too, not only on the internet !

PS : as regards previous statements, the Happython team may modify or suppress some happy testimonies contrary to the moderation codes.

Is there a pattern to interview people?



Yes ! You were right to ask ! Yet the following pattern is just one way to help you to get pleasant contacts. You can of course adapt it according to how you feel it in order to reach people.

Real situation with a person to interview Good morning, do you have some time to spare me please ? This is about an artistic project called Happython...

*(There you can tell him/her about the dynamic, the number of happy testimonies so far, (**see the Happython-counter on the website**), the range of ages (from **2 to 109**), the variety of **countries**, the exhibitions that already took place and the ones to be, where his/her testimony will very probably be exposed ... so that the person you want to interview understands this is all part of a large original event.*

If the person says « No », make a smile and tell him/her « bye bye », but, if he/she says « Yes », then go on :

▶ We are collecting testimonies about what makes people happy. These happy testimonies are then exposed as works of art in exhibitions. **Would you like to participate** answering this question ?

(If yes)

▶ Great. (Ask the question : "**What makes, or has made, you happy ?**")

*The person might hesitate a bit, he/she might feel a bit embarrassed. Reassure him/her, saying this is a spontaneous act '**it doesn't have to be extraordinary**, what makes you happy can be something really simple).*

*(If he/she is ok to go on : **take notes !**. It can be summed up if the person is really talkative and quick, but **do not hesitate to ask for repetition** if you're not sure you got it all !)*

*Then, read your notes to the interviewee **so that he/she can validate the testimony you got from him/her** thank him/her, ask his/her **first name, age and city** where he/she lives. You can ask his/her **email** address too if any. And to finish with, you can ask :*

▶ Would you be interested to present this dynamic for happy moments to **your family and friends** ?

If yes : 1/ He/she can interview those people him/herself, collect the happy testimony (with first name, age, city, email if any) and give it to you later so that you can enter the testimonies on the website.

2/ He/she can visit our website, see the pictures, the dynamic, the exhibitions, and he/she might feel like becoming a « Happiness Agent ». That would make a friend for you to communicate happiness with !

3/ You can go and interview the person yourself ! (Now here's a story : somebody once went to interview someone aged 109 ... and this really was a great experience !)

So there we are ! This **society multidimensional game** is really quite easy isn't it ?!! It can also be quite surprising and sometimes even very inspiring. Some people will be more than happy to testify, some other people won't answer you : never mind !! **Be light and have fun** allowing happy moments to emerge for people



What makes, or has made you, happy?

First name :

Age :

City & Country :

Email address :

Thank you 😊